

# SOHM KAPILA

SAG – AFTRA / LA BAFTA NEWCOMER 2018

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## Recent Reviews

"...Director Jatinder Verma has reinstated the principal boy played by a woman, in this instance the sharp-witted Sohm Kapila. So rare is this form of casting today, that thanks to killer timing and a sense of the absurd, Kapila nearly steals every scene she is in."

*The Stage Review - Bollywood Jack \*\*\*\**

"...Sohm Kapila's performance strikes a chord with every woman in the audience as the ever-loving and supporting wife of an ambitious musician."

*British Theatre Guide - Britains Got Bhangra \*\*\*\*\**

## Film

Highlighted Credits Below - full resume on [IMDB](#)/[Actors Access](#)/[LACasting](#)

THE MUMMY	Co-Star	NBC Universal Pictures / Dir. Alex Kurtzman
THE PROBLEM WITH KALDEEP	Lead	SoKa Productions/ Dir. Ian Smith (LIFF, AAB, NSCIFI 2017)
Love TYPE D	Co-Star	Midnight Circus Films / Dir. Sasha Collington
HONEYCOMB LODGE	Lead	Senior Films / Dir. Lesley Manning (Winner DIFF)
SAMMYS ADVENTURES (Animation)	Guest Star	nWave Pics, Studio Canal / Dir. Ben Stassen
EVOLUTION MAN (Animation)	Guest Star	Pathé / Dir. Ray Gillon

## Television / Online

JANE THE VIRGIN	Co-Star	The CW, CBS Corporation	Dir. Eric Lea
MENTAL (Web Series)	Series Reg	DIY Productions	Dir. Pippa Hinchley
CORONATION ST LIVE SHOW	Recurring	ITV	Dir. Tony Prescott
PARADOX	Guest Star	BBC /Clerkenwell Films	Dir. Omar Madha
WAKING THE DEAD	Guest Star	BBC Drama Group	Dir. David Thacker
CASUALTY	Guest Star	BBC	Dir. Declan Odwire
DOCTORS	Recurring	BBC	Dir. Niall Fraser

## Stage

THE SUPPLIANT WOMEN	Cassandra	The Getty Villa, Malibu	Dir. Michael Arabian
INSUPPRESSIBLE	Nicole Kidman	Let Live Theatre, LA	Dir. Jeffrey McCrann
BEND IT LIKE BECKHAM MUSICAL	Mrs Chopra	WestEnd /SFP	Dir. Gurindha Chadha OBE
BOLLYWOOD JACK	Jack - Lead	Tara Arts Theatre	Dir. Jatinder Verma MBE
BRING ON THE BOLLYWOOD	Katrina - Lead	Belgrade Theatre	Dir. Samir Bhamra, Phizzical Co.
TO BE DALI	Gala	Casa Theatre, LA	Dir. Salvador Benavides
THRESHOLD MUSICAL	Kunle - Lead	London Workshop	Dir. Chuck Mick
OTHELLO	Desdemona	Italia Conti	Dir. Nick Mosely

## Nominations and Awards

Best Featured Actress and Understudy in a Musical – Whats On Stage Nomination for Bend It Like Beckham

Best Live Event – Asian Media Awards Nomination for Bring on the Bollywood

## Training

Lesley Khan – Comedy Sitcom Intensive – Los Angeles, USA

NYFA – Film Making Diploma and Acting Diploma - New York City, USA

Italia Conti London – BA HONS in Acting - London, UK

Clarendon College – BTEC Performing Arts – Nottingham, UK

## Skills

**Accents & Dialects:**(\* = native) American-Standard, Indian\*, London/Cockney, Nottingham\*, RP, Birmingham,

**Languages** (\* = mother tongue) English\*, Hindi\*, Punjabi, Urdu

**Music & Dance:** (\* = highly skilled) Indian Vocals, Mezzo-Soprano with Strong Belt\*, Modern Dance, Piano, Steel Pan, Street Dance, Waltz, Salsa, Stage Combat

**Sports/Licenses:** Football, Basketball, Swimming, Cycling, Boxing, Car and Motorcycle Licenses

**Other Skills** Improvisation, Comedy, Script Development, Creative Writing, Devising